Emergency call numbers for crisis situations

In a crisis, it is important to know, whom to turn to, especially if friends or family members are not available or involved in the problem. Here is an overview of the crisis services available in Oldenburg. Unless otherwise stated, services are available around the clock, 365 days a year.

*Please note, that some of the following facilities do not provide English speaking personnel!*

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police/emergency:</td>
<td>110</td>
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<tr>
<td>Emergency-Service/ Fire department:</td>
<td>112</td>
</tr>
<tr>
<td>Pastoral phone</td>
<td>0800-111 0 111 or 0800-111 0 222 or 116 123 Chat: <a href="https://online.telefonseelsorge.de/">https://online.telefonseelsorge.de/</a></td>
</tr>
</tbody>
</table>
| Social Psychiatry Service of Oldenburg | 0441-235-8662
Monday-Thursday: 08:00-12:00 and 13:30-15:30
Friday: 08:00-12:00
| Karl-Jaspers-Clinic Hospital for psychiatry and psychotherapy | 0441-96 150
Hermann-Ehlers-Straße 7
26160 Bad Zwischenahn [www.karl-jaspers-klinik.de/](http://www.karl-jaspers-klinik.de/) |
| Karl-Jaspers-Clinic Crisis Outpatient Clinic Outpatient treatment services for people in acute psychiatric crises | 0441-9615 1101
Monday-Thursday: 08:00-16:00
Friday: 08:00-14:30
It is possible to make an appointment by telephone at the times indicated. [https://www.karl-jaspers-klinik.de/Behandlung/Spezielle_Behandlungsangebote/Krisenambulanz.php](https://www.karl-jaspers-klinik.de/Behandlung/Spezielle_Behandlungsangebote/Krisenambulanz.php) |
| Der Patientenservice (Emergency medical assistance service) | 116 117 (nationwide telephone number) |
| Emergency psychosocial assistance service (non-medical) | 0441-235-8626 mobile: 0177-6458668
Friday: 4 pm to 8 pm
Saturday, Sunday and public holiday: 1 pm to 8 pm [https://www.oldenburg.de/startseite/leben-umwelt/soziales/gesundheitsamt/beratung-und-publikationen/psychosozialer-krisendienst.html](https://www.oldenburg.de/startseite/leben-umwelt/soziales/gesundheitsamt/beratung-und-publikationen/psychosozialer-krisendienst.html) |
| Support Hotline: Violence against women | 08000-116 016 – available in 17 languages! [www.hilfetelefon.de](http://www.hilfetelefon.de) |
| Asylum for battered women | 0441-47981
[https://www.frauenhaus-oldenburg.de/](https://www.frauenhaus-oldenburg.de/) (admission every time possible)
If possible, bring along all available papers and documents (e.g. identity card, health insurance card, bank statements...) |

*The non-medical psychosocial emergency service of the city of Oldenburg is appropriate only for the urban area of Oldenburg. It is offered for mentally ill people in crisis during weekends and holidays, or suicidal people, their social environment and relatives. The crisis-office can be visited at the public health department. If necessary, the members of this service will visit affected individuals at home.*